



OCTOBER

Tuesday, Oct 1st

Pumpkin Spice Bread,
Pears

Taco Bake, Green Beans,
Pears

Sn: Goldfish, Juice

Wednesday, Oct 2nd

Whole Wheat French Toast
Stix, Applesauce

Pizza Pasta, Green Beans,
Applesauce

Sn: Veggie Chips, Cheese
Cubes

Thursday, Oct 3rd

Waffles, Pineapple

BBQ Rib on Bun, Carrots,
Pineapple

Sn: Tortilla Chips, Salsa

Friday, Oct 4th

*Center
Closed
For
Training*

Monday, Oct 7th

Kix, Pineapple

Chicken Noodle Soup, Ham
& Cheese Sandwich,
Pineapple

Sn: Chex Mix, Juice

Tuesday, Oct 8th

Cinnamon Bread, Diced
Apples

Mini Corndogs, Carrots,
Diced Apples

Sn: Gogurt, Club Crackers

Wednesday, Oct 9th

Omelets, Peaches

Diced Turkey, Garlic bread-
stick, Peas, Peaches

Sn: Bananas, Cheerios

Thursday, Oct 10th

Pancakes, Pears

Meatball Sub, Corn, Pears

Sn: Cheese itz, Juice

Friday, Oct 11th

Sausage Hashbrown Casse-
role, Fruit Mix

Fettuccini Alfredo, Broccoli,
Fruit Mix

Sn: Cook's Choice



Dates with dotted outline indicates school agers present for meals.

Regular Menu

Monday, Oct 14th

Rice Krispies, Mandarin Oranges
Veggie Noodle Soup, Turkey & Cheese Sandwich, Mandarin Oranges
Sn: Veggie Straws, Juice

Tuesday, Oct 15th

Raspberry Bread, Pears
Chicken Nuggets, Mashed Potatoes, Pears
Sn: Cottage Cheese, Pretzels

Wednesday, Oct 16th

Biscuits and Gravy, Peaches
Avanti's Gondola Sandwich, potato sticks, Peaches
Sn: Apple Slices, String Cheese

Thursday, Oct 17th

Waffles, Pineapple
Cheeseburger on Bun, Peas, Pineapple
Sn: Popcorn, Juice
Tod: Puffed Corn, Juice

Friday, Oct 18th

Egg and Cheese Bagel, Fruit Mix
Cheese Pizza, Corn, Fruit Mix
Sn: Bel-Vita Biscuits, Milk

Monday, Oct 21st

Golden Grahams, Pears
Tomato Soup, Bosco Stix, Pears
Sn: Rice Cakes, Juice

Tuesday, Oct 22nd

Apple spice bread, Pineapple
Chicken Pot Pie Casserole, Biscuit, Pineapple
Sn: Ritz Crackers, Cheese Slice

Wednesday, Oct 23rd

Whole Wheat French Toast Stix, Applesauce
Taco Bake, Green Beans, Applesauce
Sn: Grapes, Yogurt
Tod: Fruit, Yogurt

Thursday, Oct 24th

Omelets, Fruit Mix
Chicken Patty on Bun, Carrots, Fruit Mix
Sn: Animal Crackers, Milk

Friday, Oct 25th

Oatmeal bars, Cinnamon Apples
Mac & Cheese, Peas, Cinnamon Apples
Sn: Nutri-grain Bar

Monday, Oct 28th

Cheerios, Mandarin Oranges
Potato Soup, Bologna & Cheese Sandwich, Mandarin Oranges
Sn: Trail Mix, Juice

Tuesday, Oct 29th

Banana bread, Peaches
Chicken Nuggets, green beans, Peaches
Sn: Cucumber w/ Ranch, Pretzels

Wednesday, Oct 30th

Sausage Biscuit, Pineapple
Meatballs, Buttered Noodles, Carrots, Pineapple
Sn: Apple Slices, Cheese Cubes

Thursday, Oct 31st

Pancakes, Mixed Fruit
Sloppy Joe on Bun, Mixed Veggies, Mixed Fruit
Sn: Veggie Chips, Juice